

I would like to help, but what can I do on my own?

50 Ways you can go 'THE EXTRA MILE'

As you know any funds raised are put to very good use and whether you can get along to a local event or not everybody has the opportunity to do something on their own if they would like to. Every penny helps, so look through the list and see if there is a suggestion that suits you (or a friend!) and just do it.

Tell us when you give your donation how you raised the money - we would love to know.

1. Fill up a 'Smartie' box with 20p or £1 coins.
2. Donate your commission from a home shopping catalogue
3. Collect Stamps to sell to collectors/recycling.
4. Collect foreign coins and cash them in at the post office.
5. Have a summer Barbeque or picnic at home and charge guests
6. Take part in (or encourage a friend to) a local sponsored event, or create one of your own.
7. Do a Car Boot Sale/Garage Sale and donate or split the profits
8. Sell plants/produce at the garden gate
9. Hold a coffee morning with a Bring and Buy stall at home.
10. Mow somebody's lawn for a small fee.
11. Collect recyclable goods for cash
12. Wash somebody's car for a small fee.
13. Hire out your field to happy campers, or your driveway for parking
14. Babysit and donate your earnings.
15. House sit/water plants for neighbours on holiday
16. Dog- walking.
17. Look after dog/cat/pet for people away for a donation.
18. Hair-washing/manicures for a small fee.
19. Ironing!
20. Make things to sell at a craft stall.
21. Make ice tray lollies and sell them at a local school/youth club (permission first)
22. Hold a shoe cleaning service for neighbours and ask for donations.
23. Have a table stall at an indoor market.
24. Hold a party plan sale at home and donate the commission.
25. Hold a 'Swishing' Party (clothes-swap with friends to boost your wardrobe cheaply) and charge for each swap.

26. Take old books/records to a second-hand shop for them to buy.
27. Challenge your children/grandchildren to a sponsored silence!
28. Do you have Sky TV? Charge footie fans to watch the match live.
29. At Christmas offer a gift-wrapping service (pay yourself back for paper etc)
30. Make shoe/plate bags and sell them to your local nursery/school/youth organisation.
31. Host a Teddy Bear's Picnic (50p a Teddy?)
32. Open your garden to the public.
33. Give a talk about a hobby/job to WI/Townswomen's Guild/Mothers union for a donation. (Most groups arrange speakers and donate regularly)
34. If you live in the country or own a bit of hill, why not charge for toboggans when it snows.
35. If you have a Swimming pool/Hot-Tub, charge for a dip!
36. Make your own greetings cards and donate the money you would have spent had you bought them.
37. If on a diet put 50p in the pot for every pound you loose - and ask others to do the same.
38. On a nice day out donate a penny for every smile you see. (or Give)
39. Hold a garden Easter Egg Hunt for neighbourhood children
40. Remember St Loye's Foundation in your will.
41. Ask for a donation from a local school or club.
42. Keep a swear box!
43. Ask for Birthday wishes in cash rather than cards as donations.
44. If you win a prize you don't want, auction it and donate the profits.
45. If you are having a clear out, sell something on eBay and donate.
46. Plant bulbs in pots and sell them later when coming into bloom
47. Make a regular pay-roll gift from your pay cheque - ask your employer, it is easy and tell you colleagues, they may join you.
48. Collect recipes for a cookbook to make a sell.
49. Hold a bicycle clean and servicing day for a fee
50. Fill up a loose-change pot - it soon adds up!